



USDA Verification

Regulation Reference:

(1999) 45 CFR 1304.23(b)(i)

Policy:

USDA requires verification of daily attendance and meal participation for reimbursement to the EHS-HS FCC program.

Procedure:

1. Each Provider makes daily entries on the Daily Record of Attendance and Meal Participation in Child Care/Adult Day Care Food Program form, CACFP-M3, documenting each child's attendance and meal participation (see "Instructions" at end of this procedure).
2. Daily entries are made during each mealtime or snack time. The Provider records attendance for meals and/or snacks as they are served.
3. Providers check their monthly forms at the end of the month for accuracy. Providers turn monthly forms in to the Nutrition staff by the end of the last working day of the month.
4. The monthly forms and summary sheets are checked by the Nutrition staff for accuracy, and compiled into the Grand Summary of Meal Participation form. The nutrition staff checks these each month.
5. The Nutrition staff submits a report to the Fiscal Office; the Fiscal staff files the report with USDA for reimbursement.

Name _____ (PLEASE PRINT YOUR NAME AND SIGN ON BACK OF MENU)

APRIL 1-30, 2015 MEAL PATTERN A

CREATE A MEAL FOR GOOD FRIDAY

BREAKFAST (3)

JUICE OR FRUIT
BREAD OR CEREAL
MILK

LUNCH (5)

MEAT OR MEAT ALT.
VEGETABLE OR FRUIT
VEGETABLE OR FRUIT
BREAD/OTHER FOOD
MILK



SUPPLEMENT (2)

MEAT OR ALT. OR MILK
OR FRUIT OR JUICE OR
BREAD OR VEGETABLE

Wed 1

FRUIT SLICES
BUTTERED TOAST
MILK

CHICKEN FINGERS
BROCCOLI
POTATO CROWNS
ROLL
MILK

OATMEAL COOKIES
MILK

Thurs 2

PEACH SLICES
BREAKFAST BISCUIT
MILK

DINNER FRANKS
YELLOW CORN
FRUIT CUP
TOASTED BUN
MILK



RITZ CRACKERS
GRAPE JUICE

Fri 3

BREAKFAST (3)

JUICE OR FRUIT
BREAD OR CEREAL
MILK

LUNCH (5)

MEAT OR MEAT ALT.
VEGETABLE OR FRUIT
VEGETABLE OR FRUIT
BREAD/OTHER FOOD
MILK

SUPPLEMENT (2)

MEAT OR ALT. OR MILK
OR FRUIT OR JUICE OR
BREAD OR VEGETABLE

Mon 6

PINEAPPLE JUICE
BUTTERED BISCUIT
MILK

CHICKEN PATTIE
GREEN PEAS
GLAZED CARROTS
ROLL
MILK

EGG SALAD SANDWICH
100% FRUIT JUICE

Tues 7

STRAWBERRY SLICES
COLD CEREAL
MILK

MEAT LOAF
YELLOW CORN
STEAMED CABBAGE
ROLL
MILK

RITZ CRACKERS
CHEESE CUBES

Wed 8

FRUIT CUP
SCRAMBLED EGGS
MILK/TOAST

PORK CHOPS
BLACKEYE PEAS
YAMS
ROLL
MILK

VANILLA WAFERS
MILK

Thurs 9

APPLE JUICE
SAUSAGE BISCUIT
MILK

FISH STICKS
BROCCOLI
MASHED POTATOES
ROLL
MILK

CAPTAIN WAFERS
MIXED FRUIT JUICE

Fri 10

FRENCH TOAST
PEACH SLICES
MILK

CHEESE BURGER
MIXED VEGGIES
FRUIT COCKTAIL
TOASTED BUN
MILK

GRILLED CHEESE SANDWICH
GRAPE JUICE

BREAKFAST (3)

JUICE OR FRUIT
BREAD OR CEREAL
MILK

LUNCH (5)

MEAT OR MEAT ALT.
VEGETABLE OR FRUIT
VEGETABLE OR FRUIT
BREAD/OTHER FOOD
MILK

SUPPLEMENT (2)

MEAT OR ALT. OR MILK
OR FRUIT OR JUICE OR
BREAD OR VEGETABLE

Mon 13

Tues 14

Wed 15

Thurs 16

Fri 17

CHEERIO PARFAITS

3 MEDIUM RIPE BANANAS (SLICED)
18 OUNCES FRENCH VANILLA YOGURT
3 CUPS CHEERIO CEREAL
2 CUPS SLICED STRAWBERRIES



IN EACH PARFAIT GLASS, LAYER 1/4 CUP BANANAS, 4 OUNCES OF YOGURT, 1/4 CUP CEREAL; REPEAT LAYERS. TOP EACH PARFAIT WITH 1/4 CUP STRAWBERRIES. SERVE IMMEDIATELY. SERVES 6.

BREAKFAST (3)

JUICE OR FRUIT
BREAD OR CEREAL
FLUID MILK

LUNCH (5)

MEAT OR MEAT ALT.
VEGETABLE OR FRUIT
VEGETABLE OR FRUIT
BREAD/OTHERS
FLUID MILK

SUPPLEMENT (2)

MEAT OR ALT. OR MILK
OR FRUIT OR JUICE OR
BREAD OR VEGETABLE

Mon 20

PEACH SLICES
HAM/CHEESE BISCUIT
MILK

Tues 21

BANANA SLICES
DRY CEREAL
MILK

Wed 22

STRAWBERRY SLICES
SCRAMBLED EGGS/TOAST
MILK

Thurs 23

GLAZED APPLES
PANCAKES/SAUSAGE
MILK

Fri 24

BLUEBERRIES
OATMEAL
MILK



SPACE HAS BEEN PROVIDED TO WRITE YOUR LUNCH MENU FOR THE WEEK OF APRIL 20-24, 2015

RECIPE IS LISTED ABOVE
CHEERIO PARFAIT***
MILK 

Mon 1	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Tues 2	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Wed 3	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Thurs 4	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
Total (Do not add or fill in)			

Fri 5	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
Total (Do not add or fill in)			

Mon 8	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
Total (Do not add or fill in)			

Tues 9	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Wed 10	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Thurs 11	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Fri 12	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Mon 15	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			

Tues 16	bkf	lun	snk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
Total (Do not add or fill in)			