



Take the 1st step toward meeting your goals...

FREE CLASSES B'HAM PUBLIC LIBRARIES

Career Test Prep at Smithfield Branch

4/8/19, 4/15/19, 4/22/19,
4/29/19, 5/6/19, 5/13/19 &
5/20/19 @ 10 am – 11 am

GED Test Prep at Smithfield Branch

4/5/19, 4/12/19, 4/29/19,
5/3/19, 5/7/19, 5/10/19, 5/24/19
@ 10 am – 11 am

Money Matters Retirement Planning Workshop- Using Work to your Advantage

4/10/19 @ 12-1pm (Central Library)

Steps to Starting Your Own Business

4/16/19 @ 12-1pm (Central Library)

Resume & Job Search Help

4/16/19 & 5/14/19 @ 10-11 am
(East Ensley Branch)

American red Cross Disaster Preparedness Presentation

4/23/19 @ 10-11 am (Wylam Branch)

Keyboarding

4/30/19 3:30 – 4:30 pm
(Central Library Branch)

Money Matters Retirement Planning Workshop- When to Claim Social Security

5/8/19 @ 12-1 pm (Central Library)

What is Week of the Young Child?

The Week of the Young Child™ is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC), the world's largest early childhood education association, with nearly 80,000 members and a network of over 300 local, state, and regional Affiliates.

The purpose of the Week of the Young Child™ is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

NAEYC first established the Week of the Young Child™ in 1971, recognizing that the early childhood years (birth through age 8) lay the foundation for children's success in school and later life. The Week of the Young Child™ is a time to plan how we—as citizens of a community, of a state, and of a nation—will better meet the needs of all young children and their families.

*This year's event is **April 7-12, 2019!** Start planning your celebration today!*

JCCDC accepting applications for the 2019-2020 Program

Jefferson County Child Development Council Inc. is now accepting applications for children at licensed family child care homes with full day, full week child care at no cost to eligible parents. JCCDC serves all qualified children. For more information, please call JCCDC Early Head Start/Head Start Program at 205-933-1095/ Monday – Friday 8:00 a.m. – 5:00 p.m. or visit our website at www.jccdc.com

April/May 2019



Visit our website!
www.jccdc.com

What's happening at JCCDC?

April 7th – 12th: *Week of the Young Child*

April 9: *Parent Meeting and Male Involvement Meeting at 6 p.m.*

April 12: *Health Advisory (11am-1:30pm)*

April 18th: *Transitioning Meeting*

April 19: *Good Friday (Agency and FCC Sites Closed)*

April 21: *Easter Sunday*

April 23: *Policy Council Meeting at 6 p.m.*

April 26: *Professional Development Day (9 a.m. – 3:30p.m. All FCC Sites Closed)*

May 5th-11th: *Teacher's Appreciation Week*

May 13th -17th: *Mass Screening*

May 21st: *Policy Council Meeting at 6p.m.*

May 24th: *Last day for children/End of the Year Celebration (Details TBA)*

May 27th: *Memorial's Day*

Attention Parents!!

Jefferson County Child Development Council's Policy Council Meeting will be held **April 23rd** and **May 21st** at 6:00 p.m.

All parents are welcomed

**The members participating will be responsible for contributing to the direction of our agency. Please come out and become an advocate for your child. For more information contact: Navie Eason at 205-379-6068 or 205-224-9092 (Cell)*

Autism: Learn the Signs

One of the most important things you can do as a parent or caregiver is to learn the early signs of autism and become familiar with the typical developmental milestones that your child should be reaching.

What are the signs of autism?

The timing and intensity of autism's early signs vary widely. Some infants show hints in their first months. In others, behaviors become obvious as late as age 2 or 3.

Not all children with autism show all the signs. Many children who *don't* have autism show a few. That's why professional evaluation is crucial.

The following may indicate your child is at risk for an autism spectrum disorder. If your child exhibits any of the following, ask your pediatrician or family doctor for an evaluation right away:

By 6 months: Few or no big smiles or other warm, joyful and engaging expressions, Limited or no eye contact

By 9 months: Little or no back-and-forth sharing of sounds, smiles or other facial expressions

By 12 months: Little or no babbling, Little or no back-and-forth gestures such as pointing, showing, reaching or waving & Little or no response to name

By 16 months: Very few or no words

By 24 months: Very few or no meaningful, two-word phrases (not including imitating or repeating)

At any age: Loss of previously acquired speech, babbling or social skills; Avoidance of eye contact; Persistent preference for solitude; Difficulty understanding other people's feelings; Delayed language development; Persistent repetition of words or phrases (echolalia); Resistance to minor changes in routine or surroundings; Restricted interests; Repetitive behaviors (flapping, rocking, spinning, etc.); Unusual and intense reactions to sounds, smells, tastes, textures, lights and/or colors.

Courtesy of www.autismspeaks.org



Have you come in to update your child's information for the 2019-2020 Program Term?

We are requesting that that you update your child's application as soon as possible. The Jefferson County Child Development (JCCDC) must have official records of changes that may affect your child's status (e.g., changes in marriage, employment, name, address, insurance, etc.). Failure to provide up-to-date information may delay your child's placement in the program. Please contact your Parent, Family & Community Engagement Specialist at 933-1095 to update your application as soon as possible.

May is National Asthma and Allergy Awareness Month

Each year, the Asthma and Allergy Foundation of America (AAFA) declares May to be "National Asthma and Allergy Awareness Month." It's a peak season for those with asthma and allergies, and a perfect time to educate your patients, family, friends, co-workers and others about these diseases.

There is no cure for asthma and allergies, and many deaths are preventable with proper treatment and care. Ten people a day die from asthma. Asthma affects more than 26 million Americans. More than 6 million children under the age of 18 have asthma. More than 50 million Americans have all types of allergies – pollen, skin, latex and more. The rate of allergies is climbing. Please join us in raising awareness for these common diseases.

It's easy for you to celebrate! AAFA invites you to use their resources and tools to bring healthy messages to work, school and home.

Courtesy of aafa.org

Our Services

- ❖ Education.....(205) 379-6069
- ❖ Disabilities/Mental Health.....(205) 379-6066
- ❖ Health & Safety.....(205) 379-6059
- ❖ Enrollment.....(205) 379-6074
- ❖ Family Engagement.....(205) 379-6064
- ❖ Nutrition.....(205) 379-6058

Mission Statement

The Jefferson County Child Development Council, Inc. (JCCDC) Head Start/Early Head Start Family Child Care Program provides comprehensive services for children and families to grow; physically, emotionally, socially, and intellectually. JCCDC will enhance the knowledge and skills of children and their families necessary to promote self-sufficiency, self-esteem, and confidence in nurturing environment that supports the successful transition to public school and demonstrated school readiness.